



Here are some tips and tricks to help you use your TytoCare device at home.

Remember the following is required for use of the TytoCare device:

- Secure WiFi or Hotspot
- Tablet or Smartphone
- MyChart App



tytoCare™



**NEED HELP?**

For technical support or questions about your device call:

24/7 at 1-866-971-8986  
(option 2) or email the  
UHealth Virtual Center  
team at

[TELEHEALTH@MIAMI.EDU](mailto:TELEHEALTH@MIAMI.EDU)

**UHealth**  
UNIVERSITY OF MIAMI HEALTH SYSTEM

**CENTER FOR  
VIRTUAL CARE**

# TYTOCARE

HOW TO...TIPS AND TRICKS



## Temperature Exam 🌡️

No add-ons are needed for the temperature exam.

Tips for a successful exam:

- Ensure the forehead where you are taking the temperature is free of sweat and hair.
- Point the Tyto device without making contact with the skin surface (no more than 2 inches)

## Pulse Oximeter Exam

The oximeter add-on is needed to measure O2 saturation (blood oxygen)

Tips for a successful exam:

- Remove any nail polish.
- Place pulse oximeter onto the index finger.
- To document results, select 'Add external exams and data' from the Tyto app.



## Heart Rate Exam ❤️

The stethoscope add-on is needed for the heart exam and heart rate.

Tips for a successful exam:

- Place the stethoscope in the center of your chest directly onto your skin.
- Apply enough pressure to make sure the stethoscope is in full contact and parallel to your skin surface.
- Eliminate any noise around you.