

**Health care  
coverage  
that earns really  
high marks.**



**Medical Student Health Plan  
University of Miami 2019–2020**



# Thanks for considering UnitedHealthcare.

You want the best benefit coverage with the fewest obstacles between you and your health care. Here are some of the ways becoming a UnitedHealthcare member may help.

## Large national network.

Our network is one of the largest in the nation, with 900,000+ doctors and 5,500+ hospitals. So chances are your regular doctor already participates with us. It also means that wherever you are in the country, you'll be able to find a network hospital and get the same benefit coverage level you find at home.

## Benefit coverage wherever you travel.

- 900,000+ physicians and health care professionals.
- 5,500+ hospitals.
- Large national pharmacy network.
- 123,000+ counseling and mental health practitioners.

## Eligibility.

All domestic and international medical students actively enrolled in 6 or more credit hours per semester, or considered full time (in a program requiring documentation of health insurance coverage) are eligible and may participate in the plan on a voluntary basis.

Medical students must be actively enrolled or on an authorized leave of absence to qualify for coverage under the policy. UnitedHealthcare maintains its right to investigate student status and attendance requirements have been met. If and whenever UnitedHealthcare discovers that the policy eligibility requirements have not been met, it may discontinue coverage and its only obligation is refund of premium.

Eligible medical students who do enroll also may insure their dependents at the time the student is first able to enroll in the plan (within 14 days of the start of the semester), except for a change in dependent status due to a life event. Eligible dependents are the spouse and children. Dependent eligibility expires concurrently with that of the insured medical student.

## Effective and termination dates.

Medical student coverage is as follows:

<b>MS1 MD ONLY</b>	Aug. 1, 2019–June 30, 2020
<b>MS2-4</b>	July 1, 2019–June 30, 2020
<b>MS1 MD/MPH</b>	June 24, 2019–June 30, 2020

Coverage becomes effective on the first day of the period for which premium is paid. Coverage terminates on that date or at the end of the period through which premium is paid, whichever is earlier.

You must meet the eligibility requirements listed herein each time you pay a premium to continue insurance coverage. To avoid a lapse in coverage, the premium must be received within 14 days after the coverage expiration date. It is the medical student's responsibility to make timely renewal payments to avoid a lapse in coverage. The policy is a nonrenewable, 1-year term policy.



## The Counseling Center

The Counseling Center offers a variety of services to students, including short-term psychotherapy, individual and group counseling, career and educational counseling, and assessment services to assist in educational and career decisions.

**For appointments and more information, please call 1-305-284-5511.**



## How to enroll dependents.

For questions about enrolling dependents of medical students, please contact USI Student Insurance at **1-800-853-5899**.



# How, when and where to get care.

When you need care, call your primary care physician (PCP) or family doctor first. Your PCP has easy access to your records, knows the bigger picture of your health and may even offer same-day appointments to meet your needs. When seeing your PCP is not possible, however, it's important to know your quick care options to find the place that's right for you and help avoid financial surprises. Compare your choices today at [uhc.com/checkchoosego](http://uhc.com/checkchoosego).

Information on automatic charge of insurance premium for medical students and waiver of insurance fee is available at [miami.edu/student-health](http://miami.edu/student-health).

## Quick Care Options

## Needs or Symptoms

### 24/7 NurseLine

Call the number on your health plan ID card for expert advice.

- Choosing where to get medical care
- Finding a doctor or hospital

- Health and wellness help
- Answers to questions about medicines

### Virtual Visits

Anywhere, anytime online doctor visits.

- Cold
- Flu
- Fever

- Pinkeye
- Sinus problems

### Convenience Care Clinic

Treatment that's nearby.

- Skin rash
- Flu shot

- Minor injuries
- Earache

### Urgent Care Center

Quicker after-hours care.

- Low back pain
- Respiratory (cough, pneumonia, asthma)
- Stomach (pain, vomiting, diarrhea)

- Infections (skin, eye, ear/nose/throat, genital-urinary)
- Minor injuries (burns, stitches, sprains, small fractures)

### Emergency Room (ER)

For serious immediate needs.

- Chest pain
- Shortness of breath
- Severe asthma attack

- Major burns
- Severe injuries
- Kidney stones

## Freestanding ERs

Many people have been surprised by their bill after visiting a freestanding emergency room (FSER). FSERs, sometimes referred to as urgency centers, bill at ER rates (or higher) and can be \$1,500 more than an Urgent Care Center. Neither located in nor attached to a hospital, FSERs are able to treat similar conditions as an ER but do not have an ER's ability to admit patients.

### Ask before you enter:

- Is this an urgent care center or an ER?
- Is this facility a network provider?

# Summary of benefits— Medical Student Health Plan.

With this plan, you will receive the highest level of benefits when you seek care at UHealth facilities or with a network physician, facility or other health care professional.

You also may choose to seek care outside the network. However, you should know that care received from an out-of-network facility, physician or other health care professional means a higher deductible, copayment and coinsurance. In addition, if you choose to seek care outside the network, UnitedHealthcare only pays a portion of those charges, and it is your responsibility to pay the remainder. This amount you are required to pay, which could be significant, does not apply to the out-of-pocket limit. We recommend that you ask out-of-network physicians or health care professionals about their billed charges before you receive care.

## Student Health Service.

This benefit plan is designed to be used in conjunction with the services of the Student Health Service. To obtain the greatest level of benefits, you will need to use the services of the Student Health Service first, where treatment will be administered or a referral issued. Appointments are available at [mystudenthealth.miami.edu](http://mystudenthealth.miami.edu). However, in the case of a medical emergency, maternity, when away from campus or when the Student Health Service is closed, you can seek care directly from any doctor in UnitedHealthcare’s network.

Medical Students		Total Annual Rate
MS1 MD Only Student Rate		\$3,260
MS2-4 MD Student Rate		\$3,556
MS1 MD/MPH Student Rate		\$3,556
MS2-4 MD/MPH Students		\$3,556
Med Student on LOA		\$3,276
Spouse		\$3,666*
Each Child		\$3,666*
Student Coverage Period	Effective Date	Expiration Date
MS1 MD ONLY	8/1/2019	6/30/2020
MS2-4 MD/MPH 2-4	7/1/2019	6/30/2020
MS1 MD/MPH	6/24/2019	6/30/2020

\*USI Services administrative fees included

## Get the most out of your benefits by registering for [myuhc.com](http://myuhc.com)®.

When it comes to managing your health plan and making more informed decisions, simpler is better. With [myuhc.com](http://myuhc.com), you have a personalized website that helps you access and manage your health plan. Use it to:

- Find and estimate costs for the network care you need.
- See what’s covered and get information about preventive care.
- View claim details and account balances.
- Sign up for paperless delivery of your required plan communications.

## Set up your account today.

1. Go to [myuhc.com](http://myuhc.com).
2. Click on **Register now**. You’ll need your health plan ID card.
3. Follow the step-by-step instructions.



### Stay in the know.

When you sign up for [myuhc.com](http://myuhc.com), you’ll receive a quarterly newsletter designed to bring you tips that can help you make the most of all that your health plan benefits offer.

# Support to help you reach your wellness goals.

Rally® can help you get healthier, one small step at a time. Rally is designed to help you make changes to your daily routine, set smart goals and track your progress. You'll get personalized recommendations to help you move more, eat better and improve your health—and have fun doing it.

On Rally, you can take the Health Survey and instantly get your Rally Age—measure of your “health age”—to help assess your overall health.

Then pick Missions to help you get your health on track. You can store your health history, connect with online communities and compete in fun challenges. Earn coins as you track and complete each mission, then use them for a chance to win great prizes.

Sign up for Rally on [myuhc.com](https://myuhc.com).

## What's what. (A short glossary of terms.)

**Copayment**—a fixed dollar amount you pay when you receive certain types of network care.

**Annual deductible**—the amount you must pay before your medical plan pays.

**Coinsurance**—after you meet your deductible, the medical plan pays a percentage of the covered cost of some services and you pay the rest. Your share is called coinsurance.

**Out-of-pocket limit**—you share expenses until you reach a yearly limit on how much you have to pay.

**Network vs. Out-of-network**—Network means you receive care from a doctor, specialist, hospital or other provider or facility that participates in a medical plan's network. Out-of-network means you receive care from a provider who is not in the network. Your deductible, coinsurance limit and out-of-pocket costs are higher for out-of-network care.

**Eligible expenses**—the amount we will pay for covered health care services, incurred while the policy is in effect, are determined as stated below.

For network and student health service benefits, eligible expenses are based on either of the following:

- When covered health services are received from network providers, eligible expenses are our contracted fee(s) with that provider.
- When covered health services are received from out-of-network providers as a result of an emergency or as otherwise arranged by us, eligible expenses are billed charges unless a lower amount is negotiated.

For out-of-network benefits, eligible expenses are based on the following applicable criteria, to the extent available, and in the order of priority as identified below:

1. Fee(s) we are able to negotiate with the provider, such as the Shared Savings Program.
2. 110% of the published rates allowed by Medicare for the same or similar service.
3. 50% of the billed charge.



### Other myuhc.com features:

- Print a health plan ID card and request a permanent health plan ID card.
- Find the cost of many different medical services in your area by using Find Care & Costs.



Health4Me

### Use myuhc.com wherever you are.

Our Health4Me® app provides instant access to critical health information—anytime, anywhere. Whether you want to find a physician near you or check the status of a claim, Health4Me is your go-to resource.

### Important:

When searching for a provider on [myuhc.com](https://myuhc.com), please select **Find a Doctor**. The name of your UnitedHealthcare plan is “Choice Plus.”

# Medical Student Health Plan.

## Utilizing the UnitedHealthcare network.

Access to affordable health care is vital to academic success. UnitedHealthcare helps keep you and your family healthy with extensive medical coverage options, including preventive care and emergency services. It is easier to get care and maintain your health with a Medical Student Health Plan.

UnitedHealthcare's network gives you the freedom to see any physician or other health care professional from our network, including specialists. In order to make the most of your benefits, you should visit the Student Health Service or UHealth facilities. There are no copayments for services received at the Student Health Service. You will receive the highest level of benefits when you seek care at the Student Health Service or when referred to a network physician, facility or other health care professional if services at the Student Health Service are either not covered or not available. In addition, you do not have to worry about any claim forms or bills.

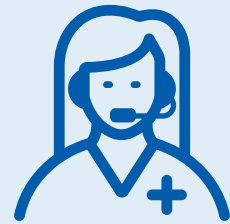
You also may choose to seek care outside the network. However, care received from an out-of-network physician, facility or other health care professional means a higher deductible and copayment. In addition, if you choose to seek care outside the network, UnitedHealthcare only pays a portion of those charges, and it is your responsibility to pay the remainder. This amount you are required to pay, which could be significant, does not apply to the out-of-pocket limit. We recommend that you ask out-of-network physicians or health care professionals for information about their billed charges before you receive care.

## Important benefits of your plan.

You have access to a network of physicians, facilities and other health care professionals, including specialists. Benefits are available for office visits and hospital care, as well as inpatient and outpatient surgery.

Care Coordination services are available to help identify and prevent delays in care for those who might need specialized help.

- Emergencies are covered anywhere in the world.
- Prenatal care is covered.
- Routine checkups are covered at the Student Health Service. No student cost-share.
- Mammograms are covered.
- Your plan utilizes the Choice Plus network. When searching for a provider on [myuhc.com](https://myuhc.com), please select **Find a Doctor**. The name of your UnitedHealthcare plan is "Choice Plus."



## Want to talk with a real person?

With NurseLine services, you can call to speak with an experienced registered nurse anytime, day or night. Ask health-related questions about anything from illnesses to treating a burn to the possible side effects of medications. You also can get help with finding the right doctor or hospital.

To access NurseLine services, call the toll-free number on your health plan ID card.

# Medical Student Health Insurance.

## Benefit Summary.

Types of Coverage	Student Health Service* / Copayment Amounts *Services only provided for students, not for dependents.	Network Benefits	Out-of-network Benefits
<p>This Benefit Summary is intended only to highlight your Benefits and should not be relied upon to fully determine coverage. This benefit plan may not cover all of your health care expenses. <b>More complete descriptions of Benefits and the terms under which they are provided are contained in the Certificate of Coverage (COC) that will be made available upon enrolling in the Plan.</b></p> <p>If this Benefit Summary conflicts in any way with the Policy issued to the Enrolling Group, the Policy shall prevail.</p> <p>Terms that are capitalized in the Benefit Summary are defined in the Certificate of Coverage.</p> <p>Where Benefits are subject to day, visit and/or dollar limits, such limits apply to the combined use of Benefits whether Network or Out-of-network, except where mandated by state law.</p> <p>Network Benefits are payable for Covered Health Services provided by or under the direction of your Network Physician.</p>	<p><b>Annual Deductible:</b> No Annual Deductible.</p> <p><b>Out-of-Pocket Limit:</b> No Out-of-Pocket Limit.</p>	<p><b>Annual Deductible:</b> \$250 per Covered Person per Policy Year. After you meet your deductible, the medical plan and you will share expenses. Your share is called coinsurance and is represented in a percentage amount.</p> <p><b>Out-of-Pocket Limit:</b> \$4,500 per Covered Person per Policy Year. The Out-of-Pocket Limit does include the Annual Deductible, Copayments and Coinsurance. Prescription drug costs are also included in the Out-of-Pocket Limit.</p>	<p><b>Annual Deductible:</b> \$750 per Covered Person per Policy Year. After you meet your deductible, the medical plan and you will share expenses. Your share is called coinsurance and is represented in a percentage amount.</p> <p><b>Out-of-Pocket Limit:</b> \$6,000 per Covered Person per Policy Year. The Out-of-Pocket Limit does include the Annual Deductible, Copayments and Coinsurance. Prescription drug costs are also included in the Out-of-Pocket Limit.</p>
<p><b>1. Ambulance Services</b> Emergency only</p>	<p>Ground Transportation: Not covered</p> <p>Air Transportation: Not covered</p>	<p>Ground Transportation: 30% of Eligible Expenses<sup>1</sup></p> <p>Air Transportation: 30% of Eligible Expenses<sup>1</sup></p>	<p>Same as Network Benefit</p>
<p><b>2. Durable Medical Equipment (DME)</b></p>	<p>Covered at 100% at SHS</p>	<p>30% of Eligible Expenses<sup>1</sup></p>	<p>40% of Eligible Expenses<sup>1,2</sup></p>
<p><b>3. Emergency Health Services</b></p>	<p>Covered at 100%</p>	<p>\$150 per visit</p>	<p>Same as Network Benefit Notification is required if results in an Inpatient Stay.</p>
<p><b>4. Eye Examinations</b></p>	<p>Covered only at Student Health Service designated facility for one visit annually at a \$20 Copayment. For more information, call Student Health Service at 1-305-284-9100.</p>	<p>Not covered</p>	<p>Not covered</p>
<p><b>5. Home Health Care</b> Network and Out-of-network Benefits are limited to 60 visits for skilled care services per Policy Year.</p>	<p>Not covered</p>	<p>30% of Eligible Expenses<sup>1</sup></p>	<p>40% of Eligible Expenses<sup>1,2</sup></p>
<p><b>6. Hospice Care</b></p>	<p>Not covered</p>	<p>30% of Eligible Expenses<sup>1</sup></p>	<p>40% of Eligible Expenses<sup>1,2</sup></p>
<p><b>7. Hospital – Inpatient Stay</b></p>	<p>Not covered</p>	<p>30% of Eligible Expenses<sup>1</sup> 10% of Eligible Expenses<sup>1</sup> for services at UHealth<sup>3</sup></p>	<p>40% of Eligible Expenses<sup>1,2</sup></p>

## Benefit Summary continued.

Types of Coverage	Student Health Service/ Copayment Amounts	Network Benefits	Out-of-network Benefits
<b>8. Maternity Services</b>	Not covered	Same as 7, 9, 10, 11 and 12 <sup>1</sup> Maternity not available at UM facilities and therefore 10% of Eligible Expenses benefit not available. Physician Office visits for prenatal care are covered at 100% after the first visit.	Same as 7, 9, 10, 11 and 12 <sup>1</sup> Notification is required if Inpatient Stay exceeds 48 hours following a normal vaginal delivery or 96 hours following a cesarean section delivery.
<b>9. Outpatient Surgery, Diagnostic and Therapeutic Services</b>			
Outpatient Diagnostic Services	For lab and radiology/X-ray: Covered at 100%	For lab and radiology/X-ray: Covered at 100%	No Benefits for Preventive Care
Outpatient Diagnostic/Therapeutic Services—CT Scans, Pet Scans, MRI and Nuclear Medicine	Not covered	30% of Eligible Expenses <sup>1</sup> 10% of Eligible Expenses <sup>1</sup> for services at UHealth <sup>3</sup>	40% of Eligible Expenses <sup>1</sup>
Outpatient Therapeutic Treatments (DIALYSIS, CHEMOTHERAPY)	Not covered	30% of Eligible Expenses <sup>1</sup> 10% of Eligible Expenses <sup>1</sup> for services at UHealth <sup>3</sup>	40% of Eligible Expenses <sup>1</sup>
<b>10. Physician's Office Services</b>			
Preventive Care	Covered at 100%	Covered at 100%	40% of Eligible Expenses <sup>1</sup>
Sickness and Injury	Covered at 100%	\$40 per Primary Care office visit \$40 per Specialist office visit	40% of Eligible Expenses <sup>1</sup>
Injections Received in a Physician's Office when no other health service is received.	Covered at 100%	\$40 per visit	40% of Eligible Expenses <sup>1</sup>
<b>11. Professional Fees for Surgical and Medical Services</b>	Not covered	30% of Eligible Expenses <sup>1</sup> 10% of Eligible Expenses <sup>1</sup> for services at UHealth <sup>3</sup>	40% of Eligible Expenses <sup>1</sup>
<b>12. Reconstructive Procedures</b>	Not covered	Same as 7, 9, 10, 11 and 12 <sup>1</sup>	Same as 7, 9, 10, 11 and 12 <sup>1</sup>
<b>13. Rehabilitation Services — Outpatient Therapy</b> Network and Out-of-network Benefits are limited as follows: 15 visits of physical therapy; 15 visits of occupational therapy; 15 visits of speech therapy; 15 visits of pulmonary rehabilitation; and 36 visits of cardiac rehabilitation per Policy Year. 15 additional visits will be covered for services necessary after surgery or IP hospitalization.	Not covered	\$20 per visit	40% of Eligible Expenses <sup>1</sup>



Types of Coverage	Student Health Service/ Copayment Amounts	Network Benefits	Out-of-network Benefits
<b>14. Skilled Nursing Facility/Inpatient Rehabilitation Facility Services</b> Network and Out-of-network Benefits are limited to 60 days per Policy Year.	Not covered	30% of Eligible Expenses <sup>1</sup>	40% of Eligible Expenses <sup>1,2</sup>
<b>15. Transplantation Services</b>	Not covered	30% of Eligible Expenses <sup>1,2</sup>	40% of Eligible Expenses <sup>1,2</sup>
<b>16. Urgent Care Center Services</b>	Not covered	\$50 per visit	40% of Eligible Expenses <sup>1</sup>
<b>17. Elective Termination of Pregnancy</b>	Not covered	30% of Eligible Expenses <sup>1</sup> \$500 max	40% of Eligible Expenses <sup>1</sup> \$500 max
<b>18. Virtual Visits</b> Benefits are available only when services are delivered through a Designated Virtual Network Provider. You can find a Designated Virtual Network Provider by going to myuhc.com or by calling the telephone number on your ID card.	Not covered	No copayment	Not covered
<b>Additional Benefits</b>			
<b>Mental Health and Substance Abuse Disorder Services – Outpatient (Services provided by United Behavioral Health)</b> Must receive prior authorization through the Mental Health/Substance Disorder Services Designee for Network and Out-of-network Benefits.	Not covered	\$20 per visit	40% of Eligible Expenses <sup>1</sup>
<b>Mental Health and Substance Abuse Disorder Services – Inpatient and Intermediate (Services provided by United Behavioral Health)</b> Must receive prior authorization through the Mental Health/Substance Disorder Services Designee for Network and Out-of-network Benefits.	Not covered	30% of Eligible Expenses <sup>1</sup>	40% of Eligible Expenses <sup>1,2</sup>
<b>Spinal Treatment</b> Benefits include diagnosis and related services and are limited to one visit and treatment per day. Network and Out-of-network Benefits are limited to 24 visits per Policy Year.	Not covered	\$20 per visit	40% of Eligible Expenses <sup>1</sup>
<b>Pediatric Vision Services</b> (Benefits covered up to age 19)	Not covered	Please refer to your COC for specific coverage information.	Please refer to your COC for specific coverage information.
<b>Pediatric Dental Services</b> (Benefits covered up to age 19)	Not covered	Please refer to your COC for specific coverage information.	Please refer to your COC for specific coverage information.
<b>Transgender services</b> (hormone therapy, gender confirmation surgery and psychological support).	Covered; Please refer to your COC for specific coverage information.	Please refer to your COC for specific coverage information.	Please refer to your COC for specific coverage information.

## Exclusions—UnitedHealthcare Insurance Company.

**Except as may be specifically provided in Section 1 and 2 of the Certificate of Coverage (COC) or through a Rider to the Policy, the following are not covered:**

### **A. Alternative treatments**

Acupressure; hypnosis; rolfing; massage therapy; aroma therapy; acupuncture; and other forms of alternative treatment.

### **B. Comfort or convenience**

Personal comfort or convenience items or services such as television; telephone; barber or beauty service; guest service; supplies, equipment and similar incidental services and supplies for personal comfort including air conditioners, air purifiers and filters, batteries and battery chargers, dehumidifiers and humidifiers; devices or computers to assist in communication and speech.

### **C. Dental (For Pediatric Dental, see section S below)**

There is no coverage for dental care, preventive care, diagnosis, treatment of or related to the teeth, jawbones or gums (including extraction, restoration, and replacement of teeth, medical or surgical treatments of dental conditions, and services to improve dental clinical outcomes). Dental implants and dental braces are excluded. Dental X-rays, supplies and appliances and all associated expenses, including hospitalizations and anesthesia. Treatment for congenitally missing, malpositioned, or super numerary teeth is excluded, even if part of a Congenital Anomaly.

### **D. Drugs**

Prescription drug products for outpatient use that are filled by a prescription order or refill. Self-injectable medications. Non-injectable medications given in a Physician's office except as required in an Emergency. Over-the-counter drugs and treatments.

### **E. Experimental, investigational or unproven services**

Experimental, Investigational or Unproven Services are excluded. The fact that an Experimental, Investigational or Unproven Service, treatment, device or pharmacological regimen is the only available treatment for a particular condition will not result in Benefits if the procedure is considered to be Experimental, Investigational or Unproven in the treatment of that particular condition.

### **F. Foot care**

Routine foot care (including the cutting or removal of corns and calluses); nail trimming, cutting, or debriding; hygienic and preventive maintenance foot care; treatment of flat feet or subluxation of the foot; shoe orthotics.

### **G. Medical supplies and appliances**

Devices used specifically as safety items or to affect performance primarily in sports-related activities. Prescribed or non-prescribed medical supplies and disposable supplies including but not limited to elastic stockings, bandages, gauze and dressings, ostomy supplies, syringes and diabetic test strips. Orthotic appliances that straighten or reshape a body part (including cranial banding and some types of braces). Tubings and masks are not covered except when used with Durable Medical Equipment as described in Section 1 and 2 of the COC.

### **H. Mental Health/Substance Disorder Services**

Services performed in connection with conditions not classified in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association. Services that extend beyond the period necessary for short-term evaluation, diagnosis, treatment, or crisis intervention. Mental Health treatment of insomnia and other sleep disorders, neurological disorders, and other disorders with a known physical basis. Treatment of conduct and impulse control disorders, personality disorders, paraphilias and other Mental Illnesses that will not substantially improve beyond the current level of functioning, or that are not subject to favorable modification or management according to prevailing national standards of clinical practice, as reasonably determined by the Mental Health/ Substance Disorder Services Designee.

Services utilizing methadone treatment as maintenance, L.A.A.M. (1-Alpha-Acetyl-Methadol), Cyclazocine, or their equivalents. Treatment provided in connection with or to comply with involuntary commitments, police detentions and other similar arrangements, unless authorized by the Mental Health/Substance Abuse Designee. Residential treatment services. Services or supplies that in the reasonable judgment of the Mental Health/Substance Abuse Designee are not, for example, consistent with certain national standards or professional research further described in Section 3 of the COC. Testing and treatment for ADD and ADHD are not covered. Prescriptions for treatment of ADD and ADHD are covered under the prescription drug benefit.

### **I. Nutrition**

Megavitamin and nutrition based therapy; nutritional counseling for either individuals or groups. Enteral feedings and other nutritional and electrolyte supplements, including infant formula and donor breast milk.

### **J. Physical appearance**

Cosmetic Procedures including, but not limited to, pharmacological regimens; nutritional procedures or treatments; salabrasion, chemosurgery and other such skin abrasion procedures associated with the removal of scars, tattoos, and/or which are performed as a treatment for acne. Replacement of an existing breast implant is excluded if the earlier breast implant was a Cosmetic Procedure. (Replacement of an existing breast implant is considered reconstructive if the initial breast implant followed mastectomy.) Physical conditioning programs such as athletic training, body building, exercise, fitness, flexibility, and diversion or general motivation. Weight loss programs for medical and non-medical reasons. Wigs, regardless of the reason for the hair loss. Surgical breast reductions, augmentation, breast implants or breast prosthetic devices except as specifically provided in this policy.

### **K. Providers**

Services performed by a provider with your same legal residence or who is a family member by birth or marriage, including spouse, brother, sister, parent or child. This includes any service the provider may perform on himself or herself. Services provided at a free-standing or Hospital-based diagnostic facility without an order written by a Physician or other provider as further described in Section 3 of the COC (this exclusion does not apply to mammography testing).

### **L. Reproduction**

Health services and associated expenses for infertility treatments. Surrogate parenting. The reversal of voluntary sterilization.

### **M. Services provided under another plan**

Health services for which other coverage is required by federal, state or local law to be purchased or provided through other arrangements, including but not limited to coverage required by workers' compensation, no-fault automobile insurance, or similar legislation. If coverage under workers' compensation or similar legislation is optional because you could elect it, or could have it elected for you, Benefits will not be paid for any Injury, Mental Illness or Sickness that would have been covered under workers' compensation or similar legislation had that coverage been elected. Health services for treatment of military service-related disabilities, when you are legally entitled to other coverage and facilities are reasonably available to you. Health services while on active military duty.

### **N. Transplants**

Health services for organ or tissue transplants are excluded, except those specified as covered in Section 1 and 2 of the COC. Health services connected with the removal of an organ or tissue from you for purposes of a transplant to another person. Health services for transplants involving mechanical or animal organs. Any multiple organ transplant not listed as a Covered Health Service in Section 1 and 2 of the COC.

#### **O. Travel**

Health services provided in a foreign country, unless required as Emergency Health Services. This exclusion does not apply to Covered Students participating in a school sponsored program outside of the United States. Benefits are provided to these Covered Students and their Enrolled Dependents for Covered Health Services as Out-of-network Benefits, except for Emergency Health Services which are provided as Network Benefits.

- Travel or transportation expenses, even though prescribed by a Physician. Some travel expenses related to covered transplantation services may be reimbursed at our discretion.
- Transportation expenses resulting from a medical or commercial transfer from a medical facility in a foreign country to a medical facility in the United States.

#### **P. Vision and hearing (For Pediatric Vision, see section T below)**

Purchase cost of eye glasses, contact lenses, or hearing aids. Routine vision exams, including refraction, to determine vision impairment and the need for corrective lenses. Fitting charge for hearing aids, eye glasses or contact lenses. Eye exercise therapy. Surgery that is intended to allow you to see better without glasses or other vision correction including radial keratotomy, laser, and other refractive eye surgery.

#### **Q. Other exclusions**

Health services and supplies that do not meet the definition of a Covered Health Service—see definition in Section 10 of the COC.

Physical, psychiatric or psychological examinations, testing, vaccinations, immunizations or treatments otherwise covered under the Policy, when such services are: (1) required solely for purposes of career, education, sports or camp, travel<sup>4</sup>, employment, insurance, marriage or adoption; (2) relating to judicial or administrative proceedings or orders; (3) conducted for purposes of medical research; or (4) to obtain or maintain a license of any type.

Health services received as a result of war or any act of war, whether declared or undeclared or caused during service in the armed forces of any country.

Health services received after the date your coverage under the Policy ends, including health services for medical conditions arising prior to the date your coverage under the Policy ends.

Health services for which you have no legal responsibility to pay, or for which a charge would not ordinarily be made in the absence of coverage under the Policy.

In the event that a Out-of-network provider waives Copayments and/or the Annual Deductible for a particular health service, no Benefits are provided for the health service for which Copayments and/or the Annual Deductible are waived.

Charges in excess of Eligible Expenses or in excess of any specified limitation. Services for the evaluation and treatment of temporomandibular joint syndrome (TMJ), whether the services are considered to be medical or dental in nature.

Upper and lower jaw bone surgery except as required for direct treatment of acute traumatic Injury or cancer. Orthognathic surgery, jaw alignment, and treatment for the temporomandibular joint, except as a treatment of obstructive sleep apnea. Florida statutes require coverage for orthognathic surgery related to congenital and developmental deformities as well as conditions due to injury or condition.

Surgical treatment and non-surgical treatment of obesity (including morbid obesity).

Surgical removal of excess skin and tissue resulting from weight loss. Abdominoplasty.

Growth hormone therapy; medical and surgical treatment of excessive sweating (hyperhidrosis); medical and surgical treatment for snoring, except when provided as part of treatment for documented obstructive sleep apnea. Oral appliances for snoring. Custodial Care; domiciliary care; private duty nursing; respite care; rest cures.

Psychosurgery. Speech therapy except as required for treatment of a speech impediment or speech dysfunction that results from Injury, stroke, autism or Congenital Anomaly.

#### **R. Elective surgery**

Complications resulting from complications of elective surgery are excluded.

#### **S. Pediatric Dental Services**

Benefits are not provided under Pediatric Dental Services for the following: Any Dental Service or Procedure not listed as a Covered Pediatric Dental Service. Dental Services that are not Necessary. Hospitalization or other facility charges. Any Dental Procedure performed solely for cosmetic/aesthetic reasons. (Cosmetic procedures are those procedures that improve physical appearance.) Reconstructive surgery, regardless of whether or not the surgery is incidental to a dental condition, Injury, or Congenital Anomaly, when the primary purpose is to improve physiological functioning of the involved part of the body. Any Dental Procedure not directly associated with dental condition. Any Dental Procedure not performed in a dental setting. Procedures that are considered to be Experimental or Investigational or Unproven Services. This includes pharmacological regimens not accepted by the American Dental Association (ADA) Council on Dental Therapeutics. The fact that an Experimental, or Investigational or Unproven Service, treatment, device or pharmacological regimen is the only available treatment for a particular condition will not result in Benefits if the procedure is considered to be Experimental or Investigational or Unproven in the treatment of that particular condition. Drugs/medications, obtainable with or without a prescription, unless they are dispensed and utilized in the dental office during the patient visit. Setting of facial bony fractures and any treatment associated with the dislocation of facial skeletal hard tissue. Treatment of benign neoplasms, cysts, or other pathology involving benign lesions, except excisional removal. Treatment of malignant neoplasms or Congenital Anomalies of hard or soft tissue, including excision. Replacement of complete dentures, fixed and removable partial dentures or crowns if damage or breakage was directly related to provider error. This type of replacement is the responsibility of the Dental Provider. If replacement is Necessary because of patient non-compliance, the patient is liable for the cost of replacement. Services related to the temporomandibular joint (TMJ), either bilateral or unilateral. Upper and lower jaw bone surgery (including that related to the temporomandibular joint). Orthognathic surgery, jaw alignment, and treatment for the temporomandibular joint. Charges for failure to keep a scheduled appointment without giving the dental office 24 hours notice. Expenses for Dental Procedures begun prior to the Covered Person becoming enrolled for coverage provided through the Rider to the Policy. Dental Services otherwise covered under the Policy, but rendered after the date individual coverage under the Policy terminates, including Dental Services for dental conditions arising prior to the date individual coverage under the Policy terminates. Services rendered by a provider with the same legal residence as a Covered Person or who is a member of a Covered Person's family, including spouse, brother, sister, parent or child. Foreign Services are not covered unless required as an Emergency. Fixed or removable prosthodontic restoration procedures for complete oral rehabilitation or reconstruction. Procedures related to the reconstruction of a patient's correct vertical dimension of occlusion (VDO). Billing for incision and drainage if the involved abscessed tooth is removed on the same date of service. Placement of fixed partial dentures solely for the purpose of achieving periodontal stability. Acupuncture; acupressure and other forms of alternative treatment, whether or not used as anesthesia. Orthodontic coverage does not include the installation of a space maintainer, any treatment related to treatment of the temporomandibular joint, any surgical procedure to correct a malocclusion, replacement of lost or broken retainers and/or habit appliances, and any fixed or removable interceptive orthodontic appliances previously submitted for payment under the plan.

#### **T. Pediatric Vision Services**

Benefits are not provided under Pediatric Vision Services for the following: Medical or surgical treatment for eye condition that requires the services of a Physician and for which Benefits are available as stated in the COC. Non-prescription items (e.g., Plano lenses). Replacement or repair of lenses and/or frames that have been lost or broken. Optional Lens Extras not listed in Vision Care Services. Missed appointment charges. Applicable sales tax charged on Vision Care Services.

# Pharmacy management program Plan 060.

This UnitedHealthcare plan includes pharmacy services with choice, accessibility and value. While most pharmacies participate in our network, you should check before filling. Call your pharmacist or visit [myuhc.com](http://myuhc.com) to find nearby network retail neighborhood pharmacies by ZIP code.

## Prescription order or refill and copayments.

All covered prescription drug products on the Prescription Drug List (PDL) are placed on Tier 1, Tier 2, Tier 3 or Tier 4. Please visit [myuhc.com](http://myuhc.com), or call the number on your health plan ID card to find tier placement.

For a single copayment, you may get up to the covered supply amount. Some products are subject to supply limits.

Some prescriptions require prior authorization. This means your doctor will have to give us more information about why the drug is right for you before we will cover it.

Due to health care reform law, many contraceptives are covered 100%. Refer to [myuhc.com](http://myuhc.com) for a more complete list.



Specialty medications must be filled through the OptumRx® Specialty Pharmacy Program.

Please call **1-888-739-5820** for more information.

	<b>On-campus Walgreens</b> For up to a 31-day supply.	<b>Retail Network Pharmacy</b> For up to a 31-day supply.	<b>Home Delivery</b> Up to a 90-day supply.
<b>Tier 1</b>	\$10	\$20	\$25
<b>Tier 2</b>	\$35	\$45	\$87.50
<b>Tier 3</b>	\$50	\$65	\$125
<b>Tier 4</b>	\$100	\$100	\$250

## Other important cost-sharing information.

NOTE: If you purchase a Prescription Drug Product from an Out-of-network Pharmacy, you will have to pay the difference between what the Out-of-network Pharmacy price and what the network pharmacy cost would be. This could be higher than your normal copay.



# Pharmacy benefit exclusions.

Exclusions from coverage are listed in the Certificate and the Rider and include, but are not limited to:

- Coverage for Prescription Drug Products for the amount dispensed (days supply or quantity limit) which exceeds the supply limit.
- Prescription Drug Products dispensed outside the United States, except as required for Emergency treatment.
- Drugs which are prescribed, dispensed or intended for use while you are an inpatient in a Hospital, Skilled Nursing Facility, or Alternate Facility.
- Experimental, Investigational or Unproven Services and medications; medications used for experimental indications and/or dosage regimens determined by us to be experimental, investigational or unproven.
- Prescription Drug Products furnished by the local, state or federal government. Any Prescription Drug Product to the extent payment or benefits are provided or available from the local, state or federal government (for example, Medicare) whether or not payment or benefits are received, except as otherwise provided by law.
- Prescription Drug Products for any condition, Injury, Sickness or mental illness arising out of, or in the course of, employment for which benefits are available under any workers' compensation law or other similar laws, whether or not a claim for such benefits is made or payment or benefits are received.
- Any product dispensed for the purpose of appetite suppression and other weight loss products.
- Fertility agents or sexual enhancement drugs, such as Parlodel, Clomid, Profasi, Serophene, or Viagra.
- Drugs used to treat or cure baldness, anabolic steroids used for body-building, or anoretics—drugs used for the purpose of weight control.
- Durable Medical Equipment. Prescribed and non-prescribed outpatient supplies, other than the diabetic supplies and inhaler spacers specifically stated as covered.
- General vitamins, except the following which require a Prescription Order or Refill: prenatal vitamins, vitamins with fluoride, and single-entity vitamins.
- Unit dose packaging of Prescription Drug.
- Medications used for cosmetic purposes.
- Prescription Drug Products, including New Prescription Drug Products or new dosage forms, that are determined to not be a Covered Health Service.
- Prescription Drug Products as a replacement for a previously dispensed Prescription Drug Product that was lost, stolen, broken or destroyed.
- Prescription Drug Products when prescribed to treat infertility.
- Drugs available over-the-counter that do not require a Prescription Order or Refill by federal or state law before being dispensed.
- Any Prescription Drug Product that is therapeutically equivalent to an over-the-counter drug. Prescription Drug Products that are available in over-the-counter form or equivalent.
- Prescription Drug Products for smoking cessation except when dispensed at the Student Health Service Pharmacy.
- Compounded drugs that do not contain at least one ingredient that requires a Prescription Order or Refill. Compounded drugs that contain at least one ingredient that requires a Prescription Order or Refill are assigned to Tier 3.
- New Prescription Drug Products and/or new dosage forms until the date they are reviewed by our Prescription Drug List Management Committee.
- Growth hormone therapy for children with familial short stature (short stature based upon heredity and not caused by a diagnosed medical condition).



This Summary of Benefits is intended only to highlight your benefits for outpatient Prescription Drug Products and should not be relied upon to determine coverage. Your plan may not cover all your outpatient prescription drug expenses. Please refer to your Outpatient Prescription Drug Rider and the Certificate of Coverage for a complete listing of services, limitations, exclusions and a description of all the terms and conditions of coverage. If this description conflicts in any way with the Outpatient Prescription Drug Rider or the Certificate of Coverage, the Outpatient Prescription Drug Rider and Certificate of Coverage prevail. Capitalized terms in the Benefit Summary are defined in the Outpatient Prescription Drug Rider and/or Certificate of Coverage.

## Special help for chronic conditions.

A range of resources is available if you develop a chronic health condition. Disease management programs help you better control common conditions such as asthma or diabetes. Specialized resources may help if you are affected by a transplant, cancer or congenital heart disease—from choosing the right medical center to finding a nearby hotel when you have treatment.

## Privacy policy.

We know that your privacy is important to you, and we strive to protect the confidentiality of your nonpublic personal information. We do not disclose any nonpublic personal information about our customers or former customers to anyone, except as permitted or required by law. We believe we maintain appropriate physical, electronic and procedural safeguards to ensure the security of your nonpublic personal information. You may obtain a copy of our privacy practices by calling **1-800-436-7709** or by visiting [myuhc.com](https://myuhc.com).

## Coverage while away from home.

UnitedHealthcare contracts with 900,000+ doctors and 5,500+ hospitals nationwide. So when you are traveling or visiting areas outside Miami, it is possible you will be in another UnitedHealthcare contracted network. As a result, if you need to access care while outside of Miami, you can contact the toll-free number on your health plan ID card, or you can search our online provider directory at [myuhc.com](https://myuhc.com) to identify network doctors or other health care professionals in the area you are visiting.

When you use UnitedHealthcare doctors or other health care professionals outside of Miami, you will receive reimbursement at your network level of benefits. Enrolled individuals receive network level benefits for emergency care that meets the “prudent layperson” definition, whether they receive care from a network or out-of-network doctor or other health care professionals.



### How to find mental health and substance disorder services.

Through United Behavioral Health, you will have access to 123,000+ practitioners for personal, confidential counseling. You also can visit [liveandworkwell.com](https://liveandworkwell.com) for information on mental health and substance disorder services. This site links to the United Behavioral Health Preventive Health Program for resources and information on major depression disorders, alcohol abuse and attention deficit hyperactivity disorder.

Experienced specialists are available who can talk with you about your situation any time, day or night.



# Global emergency medical assistance.

Through participation in UnitedHealthcare's Medical Student Plan, you are eligible for global emergency medical assistance services when traveling 100 miles or more from your principal residence. Services are provided by Worldwide Assistance Services, Inc.

Services include evacuation, repatriation and return of mortal remains. Once you are ready to be released from the hospital, Worldwide Assistance will make arrangements to transport you to your residence or rehabilitation facility, with medical supervision, if necessary. More detailed information regarding this service can be obtained from Worldwide Assistance at [1-800-898-3344](tel:1-800-898-3344).

Worldwide Assistance is not travel or medical insurance, but a service provider for emergency medical assistance services. All medical costs incurred are subject to the policy limits of your health coverage.

**Emergencies are covered anywhere in the world.**

## Claim procedure.

In the event of injury or sickness:

- 1** When you receive services from network providers, they will file a claim for you.
- 2** When you receive services from a out-of-network provider who does not file a claim, you will need to fill out a claim form and mail to the address below along with all medical and hospital bills, along with the patient name, ID number on your health plan ID card, Social Security number, address and name of your university under which you are insured.
- 3** File the claim within 30 days of injury or first treatment for a sickness. Bills should be received by the company within 90 days of service. Bills submitted after one year will not be considered for payment except in the case of legal capacity.

In the event there is a conflict of this brochure and the Master Policy, the Master Policy shall prevail. You can obtain a brochure or Certificate of Coverage at the Student Health Service.

Direct all claims and/or customer service inquiries to:

**UnitedHealthcare Claims**  
**P.O. Box 740800**  
**Atlanta, GA 30374-0800**  
**1-800-436-7709**



## Questions?

To reach a University of Miami Student Health Service provider  
call 1-305-284-9100.



<sup>1</sup> After you've reached your deductible, coinsurance will apply. Coinsurance is the percentage amount. Eligible Expenses—the amount we will pay for Covered Health Services, incurred while the Policy is in effect, are determined as stated below. For Network and Student Health Service Benefits, Eligible Expenses are based on either of the following:

- When Covered Health Services are received from Network providers, Eligible Expenses are our contracted fee(s) with that provider.
- When Covered Health Services are received from Out-of-network providers as a result of an Emergency or as otherwise arranged by us, Eligible Expenses are billed charges unless a lower amount is negotiated. For Out-of-network Benefits, Eligible Expenses are based on the following applicable criteria, to the extent available, and in the order of priority as identified below:
  1. Fee(s) we are able to negotiate with the provider, such as the Shared Savings Program;
  2. 110 percent of the published rates allowed by Medicare for the same or similar service;
  3. 50 percent of the billed charge.

<sup>2</sup> Prior Notification is required.

<sup>3</sup> UHealth—University of Miami Hospital; UMHC—University of Miami Hospital & Clinics; UMSCCC—University of Miami Sylvester Comprehensive Cancer Center; ABLEH—Ann Bates Leach Eye Hospital.

<sup>4</sup> Immunizations required for travel are covered at the Student Health Service.

Virtual Visits is not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times or in all locations.

Disease Management programs and services may vary on a location-by-location basis and are subject to change with written notice. UnitedHealthcare does not guarantee availability of programs in all service areas and provider participation may vary. Certain items may be excluded from coverage and other requirements or restrictions may apply. If you select a new provider or are assigned to a provider who does not participate in the Disease Management program, your participation in the program will be terminated.

NurseLine is for informational purposes only. Nurses cannot diagnose problems or recommend specific treatment and are not a substitute for your doctor's care. NurseLine services are not an insurance program and may be discontinued at any time.

Health care professional availability for certain services may be dependent on licensure, scope of practice restrictions or other requirements in the state. Therefore, some services may not be included in the program due to state regulations.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the Website or Mobile application terms of use under Find Care & Costs section.

Rally Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.